



# An Hour Of Air

Helping Bermuda Breathe...

Open Airways is dedicated to improving the lives and well being of over 9000 people in Bermuda, whose lives are affected by asthma, C.O.P.D. and other long-term breathing difficulties.

1 in 5 children and 1 in 10 adults have asthma in Bermuda. Asthma is disabling, distressing, misunderstood, life-threatening and **TREATABLE!**



JOIN US ON APRIL 27, 2010 FOR AN HOUR OF AIR



## OPEN AIRWAYS FUNDRAISER 2010 An Hour of Air

Come to Par-la-Ville Park on  
**TUESDAY, APRIL 27TH, 2010**  
**11:30am to 2:30pm**

Fresh Air, fun, exercise, music and much more.  
Talk to an asthma educator...  
Learn more - Breathe Better.  
Free Lung Function Tests for Smokers and former Smokers  
over the age of 40.  
Free spacers,  
Free Microfiber Cleaning cloths.

**HELP OVER 9,000 PEOPLE IN BERMUDA WHOSE LIVES  
ARE AFFECTED BY ASTHMA AND OTHER  
LONG TERM BREATHING DIFFICULTIES**

We hope you will embrace the idea as we help to raise funds for  
Open Airways whilst also raising awareness of respiratory disease.